



Exam 6

Seated Blood Pressure

Participant ID #:
 Acrostic:

Technician ID:
 Date: / /
 Month Day Year

Dinamap number:

1. Arm circumference: . cm
 (To nearest 0.1 cm)

2. Cuff size:

- Cuff on upper arm OR Cuff on forearm
- Small adult (17 - 25cm)
 - Adult (25.1 - 33cm)
 - Adult (25.1 - 33cm)
 - Large adult (33.1 - 40cm)
 - Large adult (33.1 - 40cm)
 - Thigh (40.1 - 50cm)

Seated Blood Pressure

Record time of day :

Record in military time (e.g. 5pm = 17:00)

3. First reading:

SBP

DBP

Pulse

4. Second reading:

SBP

DBP

Pulse

5. Third reading:

SBP

DBP

Pulse

6. Pulse Oximetry:

7. Was the participant using supplemental oxygen?

- Yes No

What is the Flow rate? Liters/min

Alerts and Referrals

Use the mean of the second and third blood pressure and pulse measurements for alerts and follow the criteria below:

| Blood Pressure Values | Action |
|--|---|
| 1. Systolic blood pressure greater than 210mmHg OR Diastolic blood pressure greater than 120mmHg | 1. Immediate referral to a health care provider |
| 2. Systolic blood pressure of 180-210mmHg OR Diastolic blood pressure of 110-120mmHg | 2. Referral to a health care provider within one week |
| 3. Blood pressure greater or equal 140/90mmHg | 3. Requires follow-up within two months |

Pulse > 130 → Immediate referral to a health care provider

Pulse Oximetry < 88 → Referral to a health care provider within one week

Comments: