

**Multi-Ethnic Study of Atherosclerosis
Exam 2**



Seated Blood Pressure

Participant Id#: Idno
Acrostic: Acrostic

Date: [] [] **bpdt2** [] [] / [] [] [] []
Month Day Year

Dinamap number: **dmapnum2**

1 Arm circumference: **armcm2** cm
(To nearest 0.1 cm)

2 Cuff size:
cuffsz2 OR **Cuffre2**
 Small Adult (17-25cm) Adult (25.1-33cm)
 Adult (25.1-33cm) (25.1-33cm)
 Large Adult (33.1-40cm)
 Thigh (40.1-50cm) Large Adult (33.1-40cm)

Seated Blood Pressure

3 First reading: **SBP** **s1bp2**

DBP **d1bp2**

Record time of day **bptm2** [] []

Record in military time (i.e 5pm = 17:00)

4 Second reading: **SBP** **s2bp2**

DBP **d2bp2**

5 Third reading: **SBP** **s3bp2**

DBP **d3bp2**

6 RoomTemperature: **rmtempf2** , ahrenheit

Alerts and Referrals

Use the mean of the second and third blood pressure measurements for alerts and follow the criteria below:

Blood Pressure Values	Action
1. Systolic blood pressure greater than 210mmHg OR Diastolic blood pressure greater than 120mmHg	1. <i>Immediate referral to a health care provider</i>
2. Systolic blood pressure of 180-210mmHg OR Diastolic blood pressure of 110-120mmHg	2. <i>Referral to a health care provider within one week</i>
3. Blood pressure greater than 140/90mmHg	3. <i>Requires follow-up within two months</i>

For MESA Field Center Use Only

Compute means from Mean SBP _____
2nd and 3rd readings Mean DBP _____

Technician ID#: **bptid2**

Data Entry ID#: **bpdid2**

Reviewer ID#: **bprid2**