## Multi-Ethnic Study of Atherosclerosis Exam 5



#### **Home Information Questionnaire**

# Participant ID#: Acrostic:

Date: | Day / Year |

The information you provide on this form will allow us to study how the structure and location of your home are related to your exposure to air pollutants. All responses are voluntary.

#### **Section 1: All MESA Air Participants**

The first two questions ask you about streets near your home. Please answer for the busiest street next to your home, where there is no building between your home and the street.

1. Are your bedroom windows facing an:  Alley  Side street with low traffic  Side street with considerable traffic  No street  2. Are your living room windows facing an:  Alley  Side street with low traffic  Highway  Side street with low traffic  Highway  Side street with considerable traffic  No street  The next few questions will ask about your travel time during the day.  3. On average, how many hours each day do you spend doing the following during your travel time:  a. walking or biking  hours  minutes  b. in a private car or taxi  hours  minutes  c. on a bus  d. on a train or subway  hours  minutes  e. other  hours  minutes  please specify:  4. On average, what percent of your travel time do you spend on or next to:  Participant does not leave home in a typical week (Skip to Question 6)  Freeways, expressways, highways, toll roads, etc.  Other major, heavily traveled roads or streets  Residential or lightly traveled roads, streets, or paths			
Side street with low traffic	1.	Are your bedroom windows facing an:	
O Side street with considerable traffic O No street  2. Are your living room windows facing an:  O Alley O Busy road O Side street with low traffic O Highway O Side street with considerable traffic O No street  The next few questions will ask about your travel time during the day.  3. On average, how many hours each day do you spend doing the following during your travel time:  a. walking or biking hours minutes b. in a private car or taxi hours minutes c. on a bus hours minutes d. on a train or subway hours minutes e. other hours minutes please specify:  4. On average, what percent of your travel time do you spend on or next to:  O Participant does not leave home in a typical week (Skip to Question 6) Freeways, expressways, highways, toll roads, etc. % Other major, heavily traveled roads or streets Residential or lightly traveled roads, streets, or %		○ Alley	O Busy road
2. Are your living room windows facing an:  Alley  Busy road  Highway  Side street with low traffic  No street  The next few questions will ask about your travel time during the day.  3. On average, how many hours each day do you spend doing the following during your travel time:  a. walking or biking  hours  minutes  b. in a private car or taxi  hours  minutes  c. on a bus  d. on a train or subway  hours  minutes  d. on a train or subway  hours  minutes  e. other  hours  minutes  please specify:  4. On average, what percent of your travel time do you spend on or next to:  Participant does not leave home in a typical week (Skip to Question 6)  Freeways, expressways, highways, toll roads, etc.  Other major, heavily traveled roads or streets  Residential or lightly traveled roads, streets, or		○ Side street with low traffic	O Highway
O Alley O Side street with low traffic O Highway O Side street with considerable traffic O No street  The next few questions will ask about your travel time during the day.  3. On average, how many hours each day do you spend doing the following during your travel time:  a. walking or biking hours minutes b. in a private car or taxi hours minutes c. on a bus hours minutes d. on a train or subway hours minutes e. other hours minutes please specify:  4. On average, what percent of your travel time do you spend on or next to:  Participant does not leave home in a typical week (Skip to Question 6) Freeways, expressways, highways, toll roads, etc. Other major, heavily traveled roads or streets Residential or lightly traveled roads, streets, or		<ul> <li>Side street with considerable traffic</li> </ul>	O No street
O Side street with low traffic O Highway O Side street with considerable traffic O No street  The next few questions will ask about your travel time during the day.  3. On average, how many hours each day do you spend doing the following during your travel time:  a. walking or biking hours minutes b. in a private car or taxi hours minutes c. on a bus minutes d. on a train or subway hours minutes e. other hours please specify:  4. On average, what percent of your travel time do you spend on or next to:  ○ Participant does not leave home in a typical week (Skip to Question 6) Freeways, expressways, highways, toll roads, etc.  Other major, heavily traveled roads or streets Residential or lightly traveled roads, streets, or   ∀6	2.	Are your living room windows facing an:	
O Side street with considerable traffic  O No street  The next few questions will ask about your travel time during the day.  3. On average, how many hours each day do you spend doing the following during your travel time:  a. walking or biking  hours  minutes  b. in a private car or taxi  hours  minutes  c. on a bus  d. on a train or subway  hours  minutes  e. other  hours  minutes  please specify:  4. On average, what percent of your travel time do you spend on or next to:  Participant does not leave home in a typical week (Skip to Question 6)  Freeways, expressways, highways, toll roads, etc.  Other major, heavily traveled roads or streets  Residential or lightly traveled roads, streets, or		○ Alley	O Busy road
The next few questions will ask about your travel time during the day.  3. On average, how many hours each day do you spend doing the following during your travel time:  a. walking or biking hours minutes b. in a private car or taxi hours minutes c. on a bus hours minutes d. on a train or subway hours minutes e. other hours minutes please specify:  4. On average, what percent of your travel time do you spend on or next to:  Participant does not leave home in a typical week (Skip to Question 6) Freeways, expressways, highways, toll roads, etc.  Other major, heavily traveled roads or streets Residential or lightly traveled roads, streets, or		○ Side street with low traffic	○ Highway
a. walking or biking		○ Side street with considerable traffic	○ No street
a. walking or biking hours minutes b. in a private car or taxi hours minutes c. on a bus hours minutes d. on a train or subway hours minutes e. other hours minutes please specify:  4. On average, what percent of your travel time do you spend on or next to:  Participant does not leave home in a typical week (Skip to Question 6) Freeways, expressways, highways, toll roads, etc.  Other major, heavily traveled roads or streets Residential or lightly traveled roads, streets, or	The	next few questions will ask about your travel time	during the day.
b. in a private car or taxi hours minutes  c. on a bus hours minutes  d. on a train or subway hours minutes  e. other hours minutes please specify:  4. On average, what percent of your travel time do you spend on or next to:  Participant does not leave home in a typical week (Skip to Question 6)  Freeways, expressways, highways, toll roads, etc. %  Other major, heavily traveled roads or streets %  Residential or lightly traveled roads, streets, or %	3.	On average, how many hours each day do you s	pend doing the following during your travel time:
c. on a bus d. on a train or subway hours minutes e. other hours minutes please specify:  4. On average, what percent of your travel time do you spend on or next to:  Participant does not leave home in a typical week (Skip to Question 6) Freeways, expressways, highways, toll roads, etc.  Other major, heavily traveled roads or streets Residential or lightly traveled roads, streets, or		a. walking or biking hours	minutes
d. on a train or subway  e. other hours minutes please specify:  4. On average, what percent of your travel time do you spend on or next to:  Participant does not leave home in a typical week (Skip to Question 6)  Freeways, expressways, highways, toll roads, etc.  Other major, heavily traveled roads or streets  Residential or lightly traveled roads, streets, or		b. in a private car or taxi hours	minutes
e. other hours minutes please specify:  4. On average, what percent of your travel time do you spend on or next to:  Participant does not leave home in a typical week (Skip to Question 6)  Freeways, expressways, highways, toll roads, etc. %  Other major, heavily traveled roads or streets %  Residential or lightly traveled roads, streets, or %		c. on a bus hours	minutes
4. On average, what percent of your travel time do you spend on or next to:  Participant does not leave home in a typical week (Skip to Question 6)  Freeways, expressways, highways, toll roads, etc.  Other major, heavily traveled roads or streets  Residential or lightly traveled roads, streets, or		d. on a train or subway hours	minutes
Participant does not leave home in a typical week (Skip to Question 6)  Freeways, expressways, highways, toll roads, etc.  Other major, heavily traveled roads or streets  Residential or lightly traveled roads, streets, or		e. other hours minutes	s please specify:
Freeways, expressways, highways, toll roads, etc.  Other major, heavily traveled roads or streets  Residential or lightly traveled roads, streets, or  %	4.	On average, what percent of your travel time do	you spend on or next to:
Other major, heavily traveled roads or streets  Residential or lightly traveled roads, streets, or		O Participant does not leave home in a typ	ical week (Skip to Question 6)
Residential or lightly traveled roads, streets, or %		Freeways, expressways, highways, toll roads, e	tc. %
		Other major, heavily traveled roads or streets	%
			<u> </u>

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5. What traffic condition best describes the majority of your travel time during the day?
O Light traffic, moving at the speed limit
O Heavy traffic, moving below the speed limit
O Congested or "stop and go"
O Heavy traffic, moving at or above the speed limit
O Not applicable
5. Do you spend more than four weeks per year living at another address (secondary residence)?
6a. How many weeks per season do you spend at your secondary residence during:
O Yes
Spring (Mar-May):
Summer (Jun-Aug):
Fall (Sep-Nov):
Total Weeks:
6b. Is total weeks at secondary residence 8 weeks or more?  O Yes ———————————————————————————————————
Street City, State Zip Have you moved from this address?
<ul><li>○ Yes</li></ul>
During a previous MESA interview, you said that you spend 2 hours or more per day or 10 hours or more per week at a single location (working, school, volunteering, socializing, etc.) or doing a specific activity away from your home. Do you still spend time at this address?
Street City, State Zip  Street Go to question 8b  Street Go to question 8b
O Yes   8aii.You previously reported spending XX hours per week at this address. Has the amount of time that you spend at this location changed?
O Yes Complete section 5 O No
8b. If activity address is missing or no longer used:

Do you usually spend **2 hours or more per day** or **10 hours or more per week** at a single location (working, school, volunteering, socializing, etc.) or doing a specific activity away from your household?

0	Yes	Complete sections 4 and 5
0	No	

9.	Since your last MESA interview	ew, ha	ve your daily activities changed because:
	•	g as a	caregiver for a friend or relative? primary caregiver for a friend or relative? out of your home?
	<ul><li>Yes (to a, b or c)</li><li>No</li></ul>	<b></b>	Complete section 5
Sec	tion 2: Secondary Residence	e Cha	racteristics
	mentioned that you spend at le tructure and characteristics of		weeks per year at your secondary residence. The next few questions ask about secondary residence.
10.	Do you use air conditioning	in you	r secondary residence?
	O Yes —	10a.	What type of air conditioning does your secondary residence have?
	O No (Skip to Question		O Central A/C
	11)		O Window unit(s). How many of them are there?
			Other, please specify:
		10b	. How often was the air conditioning used in the past July?
			O Not used at all
			O A few days a month
			<ul> <li>More than half of the days of the month, but less than daily</li> </ul>
			Almost daily (thermostat used also)
			Other, please specify:
		10c.	How often was the air conditioning used in the past January?
			O Not used at all
			○ A few days a month
			O More than half of the days of the month, but less than daily
			O Almost daily
			Other, please specify:
11.	Please indicate the number of and winter.	f wind	ows you usually had open in your secondary residence in the past summer
	11a. In <u>SUMMER</u> (Jun Aug.	.) <b>:</b> Ho	w many windows did you usually have open?
	<ul><li>None (Skip to Qu</li><li>All</li><li>Some</li></ul>	estioı	1 11b)
1	I1b. In WINTER (Dec Feb.):	How	many windows did you usually have open?
·	O None (Skip to Qu		
	O All O Some		

xam 5 MESA Air Questionnair	re Page 4				
. Is an air cleaner/filter used in	n your secondary residence (stand-alone or central)?				
○ Yes ———	12a. What type of air cleaner/filter is used? (please check all that apply)				
O No	O HEPA filter				
(Skip to Question 13)	Electrostatic precipitator				
,	Negative ion generator				
	O Ozone generator				
	O Regular or fiberglass furnace filter				
	O Don't know				
	O Other, please specify:				
	12b. How often is the air cleaner/filter used?				
	O Never				
	O A few days a month				
	More than half of the days of the month, but less than daily				
	Every day or nearly every day				
	O Don't know				
ion 3: Primary Residence Cha e next questions refer to your pri					
13. What type of building do yo	ou live in?				
	tanding (Skip to Question 14)				
O Manufactured home/m	nobile home (Skip to Question 14)				
O Row house/townhouse	e/brownstone 13a. What floor do you live on?				
O Duplex/triplex, free-sta	anding O Basement				
• ,	ondo/coop (4 floors or more) Ground floor				
<ul><li>Low rise apartment/cc</li><li>Other, please specify:</li></ul>	ondo/coop (1-3 floors) ————————————————————————————————————				
Other, please specify.					
14. What is the approximate ag	ge of your building?				
Age of building:	or Year built:				
15. Is there an attached garage	or an underneath garage in your building?				
O Yes —	15a. Is this garage used for (choose one):				
No. (Shin to Overtice	O Parking one car				
O No (Skip to Question	O Parking two cars				
	O Parking more than two cars				
	<ul> <li>Storage only</li> </ul>				

Other, please specify:

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<b>16.</b> Do you use air conditioning i	in your re	sidence?				
O Yes	16a. V	Vhat type of a	air conditioni	ng does your res	sidence have?	
O No (Skip to Question		O Ce	ntral A/C			
O No (Skip to Question 17)		O Wii	ndow unit(s).	How many of the	nem are there?	
		Oth	ner, please s	pecify:		
	16b.	How often wa	as the air cor	nditioning used in	the past July?	
		O N	ot used at all			
		O A	few days a r	nonth		
		Ом	ore than half	of the days of th	ne month, but less	than daily
		O AI	lmost daily (t	hermostat used	also)	
		0 0	ther, please	specify:		
	16c. H	How often wa	s the air con	ditioning used in	the past January	?
		○ No	t used at all			
		○ A f	ew days a m	onth		
		○ Mo	ore than half	of the days of the	e month, but less	than daily
		○ Alr	nost daily			
		○ Oth	ner, please s <sub>l</sub>	pecify:		
Approximately how cool do y night?	ou keep	your residen	ice in the sur	nmer during the	day and over	
During the day (when at I	nome):	Temperature	е:	○ degree	s F O degrees	С
During the night:		Temperature	э:	○ degree	s F 🔾 degrees	С
3. What are the heating sources least once a month.	used in	your residend	ce? Please to	ell me of any that	t are used at	
Radiators (steam o	r hot wat	Yes	No	Don't know		
`	i iiot wat	, 0	0	0		
Forced air (vents)	or	0	0	0		
Electric space heat	е	0	0	0		
Baseboard heat		0	0	0		
Gas space heater		0	0	0		
Kerosene space he		0	0	0		
Wood burning stov	е	0	0	0		
Fireplace		0	0	0		
Open stove	—	0	0	0		
<ul><li>Other, please spec</li></ul>	ify					

19. Approximately how warm do you keep your residence in the winter during the day and over night?														
			g the da	y (when at ght:	•	empera				] ]	degrees degrees		<ul><li>degre</li><li>degre</li></ul>	
										]				
20.	Doe	es you	ır residen	ce have st	orm window	s?								
	0	Yes			<b>→</b>	20a.		you use dows du			ows on all, ason?	, most	, or a few	of your
	0	No	(Skip to Question 21)			0 4		0 ,	,					
	0	l do	n't know (	Skip to Q	uestion 21)			A Few						
21.	Doe	es you	ır residen	ce have do	ouble pane v	vindows	?							
	0	Yes			<b>→</b>	21a.		there do	uble pa	ane v	windows o	n all, ı	most, or a	a few of your
	0	No	(Skip to	Question	22)		0	All						
	_						0	Most						
	0	I don	i't know (	Skip to Qu	estion 22)		0	A Few						
22					of windows eft the wind			had ope	n in you	ur re	sidence in	the p	ast sumn	ner and winter
		In	SUMME	<u>R</u> (Jun A	ug.):									
		<b>22</b> a	. How	many wind	ows did you	usually	have	open?						
				O None	(Skip to Q	uestion	22c)							
		<b>22</b> k		O Some										
		221	' How	•	ou open win									
				•	lays a montl		-£ (I)	0	la care de		l- ''			
					nan half of th	ne days	of the	e month,	, but les	ss th	an daily			
				O Almost	•	. <u>.</u>								
				Other,	please spec	iry:								

		In WIN	ITER (Dec Feb.):		
		22c.	How many window	ws did yo	ou usually have open?
			O None (O All O Some	Skip to	Question 23)
		22d.	How often did you	open w	vindows?
			<ul><li>A few da</li><li>More that</li><li>Almost o</li><li>Other, p</li></ul>	an half o daily	of the days of the month, but less than daily
23.	ls	an air c	leaner/filter used ir	n your re	esidence (stand-alone or central)?
(	O	Yes	<b>─</b>	23a.	What type of air cleaner/filter is used? (please check all that apply)
	0	Don't k	o Question 24)	O E O N O A O M O E	HEPA filter Electrostatic precipitator Negative ion generator Dzone generator Regular or fiberglass furnace filter Don't know Other, please specify: How often is the air cleaner/filter used? lever I few days a month fore than half of the days of the month, but less than daily very day or nearly every day on't know

# **Section 4: Activity**

The next few questions refer to the activity that perform 2 hours or more per day, or 10 hours or more per week.

	eet			
City	У			State ZIP
	24a.	Is this an indoor loc	ation or a	an outdoor location?
		<ul><li>Indoor location</li></ul>		
		<ul> <li>Outdoor location</li> </ul>	n	
	(			
What	t do you d	lo at this location?		
0 5	School (S	Skip to Question 26)		
	Nork		<b>▶</b> 25a.	Briefly describe the industry you work or volunteer in:
0 \	√olunteer		•	
0 (	Other, ple	ase specify:		
			25b.	Briefly describe your activities when you work or volunteer:
				Energy describe your activities when you work or volunteer.
			25c.	Are you regularly exposed there to vapors, gases, dusts, or fumes?
				O Yes O No

O If yes, continue with question 27.

Interviewer: Did the Participant give a specific indoor location for Question 24? (i.e. does the participant work/volunteer or perform an indoor activity for more than 2 hours per day or 10 hours per week?)

	○ If no, skip to	o Question 3	1.			
	previously answered characteristics of the b			an activity indoors.	The next questions a	isk for information o
27.	What type of building	do you go to	?			
	<ul> <li>Small residential</li> <li>Small retail style</li> <li>Large retail style</li> <li>Office-type building</li> <li>Industrial or ware</li> <li>Other, please specific</li> </ul>	business (str building (larg ng (low or hig house	ip mall, neighborho			
28.	Does the building use	e mechanica	or natural ventilation	on?		
		mple, open w	ntral heating and/or indows and doors)	air conditioning)		
29.	Is there a parking ga	rage or unde	erground garage in	your building?		
	<ul><li>Yes</li><li>No</li><li>Don't know</li></ul>					
30.	If the building uses w windows or doors ope		doors for ventilation	when you are ther	e, how often are the	
		Never (0%)	Almost Never (25)%	Sometimes (50%)	Often (75%)	Always (100%)
	Winter (Dec - Feb):	0	0	0	0	0
	Summer (Jun - Aug)	): 🔾	0	0	0	0
	O Building does n	ot use wind	ow and doors for	ventilation		

#### **Section 5: Time/Location**

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31. We are now going to talk about how you typically spend your time in the summer and in the winter. The information you describe in the next questions will be used to estimate your exposure to indoor and outdoor air pollution from different locations. While no one does exactly the same thing each and every week, try to

think about the habits and routines you have, on average. With that in mind, let's start with a typical week in the winter, December through February. Let's begin with Sunday. On most Sundays in the winter, do you leave your house, including just going outside in your yard or patio? If so, what time do you usually leave

your house on a Sunday?

WINTER (Dec. - Feb.)

				R OF HOURS	EACH DAY	T	1	T
CODE	LOCATION DESCRIPTION	SUN or Typical Weekend Day	MON or typical Weekday	TUES	WED	THURS	FRI	SAT
		O <del>Sun</del>	O Sun	O Sun	O Sun	O Sun	O Sun	O Sun
		O Mon	○ <del>Mon</del>	O Mon	O Mon	O Mon	O Mon	O Mon
		O Tues	O Tues	○ <del>Tues</del>	○ Tues	O Tues	O Tues	O Tues
	SAME AS:	O Wed	O Wed	O Wed	O - <del>We</del> d	O Wed	O Wed	O Wed
		○ Thurs	O Thurs	○ Thurs	○ Thurs	○ Thurs	○ Thurs	○ Thurs
		○ Fri	O Fri	O Fri	○ Fri	○ Fri	O Fri—	O Fri
		○ Sat	○ Sat	○ Sat	○ Sat	○ Sat	O Sat	○ Sat
1	Home <b>indoors</b> (including sleeping)							
2	Home outdoors							
3	Work, volunteer, school, <b>indoors</b>							
4	Work, volunteer, school, <b>outdoors</b>							
5	In transit (car, bus, train, bike, walk, etc.)							
6	Other <b>indoor</b> places							
7	Other <b>outdoor</b> places							
nterviewer hould total he hours	TOTAL							
nterviewer to complete if ne total does ot equal 24 cours	Did you round?	<ul><li>○ Yes</li><li>○ No</li></ul>	O Yes O No	<ul><li>○ Yes</li><li>○ No</li></ul>	<ul><li>○ Yes</li><li>○ No</li></ul>	○ Yes	O Yes	O Yes

○ No → skip quest	ion 33	
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Now think about the activities you do or the places that you usually visit in an average week during the summer, June through August. Again, let's start with Sunday. On most Sundays in the summer, do you leave your house, including just going outside in your yard or patio? If so, what time do you usually leave your house on a Sunday during the summer?

### SUMMER (Jun. - Aug.)

NUMBER OF HOURS EACH DAY										
CODE	LOCATION DESCRIPTION	SUN or Typical Weekend Day	MON or typical Weekday	TUES	WED	THURS	FRI	SAT		
	O Sun	O Sun	O Sun	O Sun	O Sun	O Sun	O Sun			
	SAME AS:	O Mon	○ <del>Mon</del>	O Mon	O Mon	O Mon	O Mon	O Mon		
		○ Tues	○ Tues	○ Tues	O Tues	O Tues	<ul><li>Tues</li></ul>	O Tues		
		O Wed	O Wed	O Wed	O <del>Wed</del>	O Wed	O Wed	O Wed		
		O Thurs	<ul><li>Thurs</li></ul>	○ Thurs	○ Thurs	○ Thurs	<ul><li>Thurs</li></ul>	○ Thurs		
		O Fri	O Fri	O Fri	O Fri	O Fri	O Fri—	O Fri		
		○ Sat	○ Sat	○ Sat	○ Sat	○ Sat	○ Sat	○ Sat—		
1	Home <b>indoors</b> (including sleeping)									
2	Home outdoors									
3	Work, volunteer, school, <b>indoors</b>									
4	Work, volunteer, school, <b>outdoors</b>									
5	In transit (car, bus, train, bike, walk, etc.)									
6	Other <b>indoor</b> places									
7	Other <b>outdoor</b> places									
Interviewer should total the hours	TOTAL									
Interviewer to complete if	○ Yes	○ Yes	○ Yes	○ Yes	○ Yes	○ Yes	○ Yes			
the total does not equal 24 hours	Did you round?	O No	O No	O No	O No	O No	O No	O No		
For MESA Field Center Use Only:										
	Administered: O In Clinic O Via Telephone									
Interviewer ID: Reviewer ID: Data Entry ID:										